



NOVEMBER | 2017

George Long Elementary Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 A) Kellogg's Chocolate Chip French Toast B) Breakfast Pizza Potato Starz Fresh Banana Fruit and Vegetable Bar C) Salad Bar Fruit and Vegetable Bar	2 A) Chicken Fajita's (Chicken, Cheese, Peppers) B) Nacho's w/ Meat Cheese C) Salad Bar Mexican Rice Warm Churro Apple Slice s Fruit and Vegetable Bar	3 A) Big Daddy Pizza B) Chicken Tender C) Salad Bar Potato Oven Smiles Steamed Green Bean Sliced Peaches Fruit and Vegetable Bar
6 A) Orange Chicken B) Popcorn Chicken C) Salad Bar Asian Rice Stir Fry Vegetables Fortune Cookie Sliced Pears Fruit and Vegetable Bar	7 A) Walking Taco B) Chicken Patty on a Bun C) Salad Bar Romaine Side Salad Fruit Side Kicks Fruit and Vegetable Bar	8 A) Chicken Tenders B) Bagel Pizza C) Salad Bar Potato Oven Smiles Steamed Broccoli Sliced Peaches Fruit and Vegetable Bar	9 A) Warrior Breakfast Sand (Bagel, Egg, Cheese Bacon) B) Pancake on a Stick C) Salad Bar Sweet Potato Tots Fresh Banana Fruit and Vegetable Bar	10 A) Big Daddy Pizza B) Macaroni and Cheese C) Salad Bar Steamed Green Bean Sliced Peaches Fruit and Vegetable Bar
13 A) Oven Fried Chicken Leg B) Chicken Nuggets C) Salad Bar Potato Smiles Steamed Carrots Applesauce Fruit and Vegetable Bar	14 A) Popcorn Chicken Bowl Whole wheat Roll B) Meatloaf C) Salad Bar Mashed Potatoes / Gravy Steamed Corn Mandarin Oranges Fruit and Vegetable Bar	15 A) Grilled Cheese W Tomato Soup B) WG Bosco stick/ Pizza Marinara sauce C) Salad Bar Baked Beans Baby carrots Fresh Fruit Bowl	16 A) Calzone B) Macaroni and Cheese C) Salad Bar Steamed Broccoli Mandarin Oranges Fruit and Vegetable	17 A) Big Daddy Pizza B) Rotini Pasta W Meat Sauce C) Salad Bar Steamed Riviera Blend Vegetables Fruit Side Kick Fruit and Vegetable Bar
20 A) Cheese Bosco Stick B) Chili and Soft Pretzel C) Salad Bar Steamed Broccoli Sliced Peaches Fresh and Vegetable Bar	21 A) Chicken Cheese Quesadilla B) Soft Shell Taco C) Salad Bar Mexican Rice Warm Churro Applesauce	22 No School Thanksgiving Break	23 No School Happy Thanksgiving	24 No School Thanksgiving Break
27 A) Hot Dog on Bun B) Cheeseburger on Bun C) Salad Bar Smile Fries Romaine Salad Fruit Side Kicks Fruit and Vegetable Bar	28 A) Cheese Bosco Stick B) Grilled Chicken Bites C) Salad Bar Steamed Broccoli Baked Beans Sliced Peaches Fresh and Vegetable Ba	29 A) Chicken Drumstick B) Mini corn Dog C) Salad Bar Mashed Potato w/Gravy Steamed Corn Whole Grain Biscuit Apple Slices w Caramel Fruit and Vegetable Bar	30 A) Kellogg's Chocolate Chip French Toast B) Breakfast Pizza Potato Starz Fresh Banana Fruit and Vegetable Bar C) Salad Bar Fruit and Vegetable Bar	

News

Student Lunch cost \$2.60. Hot Lunch and Salad Bar includes a choice of Milk.

Students are required to take at least one serving of fruit or vegetable for lunch. Students are allowed to choose one serving each of all fruits and vegetables offered.

Ala Carte snacks can be purchased using your account inside the lunchroom.

Extra Milk/Juice - \$0.65
 Bottled Water - \$0.50
 Account or Cash Sale

USDA is an equal opportunity provider and employer.

If you received free or reduced benefits last year You will need to fill out a new application for this School Year 2017-18