



JANUARY | 2017

GEORGE LONG ELEMENTARY Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Winter Break Happy Holidays	3 Winter Break Happy Holidays	4 Winter Break Happy Holidays	5 Winter Break Happy Holidays	6 Winter Break Happy Holidays
9 WG Elfin Loaf Fruit Juice Assorted Fresh Fruit Milk	10 Pancake on a Stick Fruit cup Assorted Fresh Fruit Milk	11 Assorted Cereal Fruit Juice Assorted Fresh Fruit Milk	12 WG Mini Blue Berry Pancakes Fruit cup Assorted Fresh Fruit Milk	13 WG Assorted Pop Tarts Fruit cup Assorted Fresh Fruit Milk
16 No School MLK Day	17 WG Cinn Streusel Muffin Fruit cup Assorted Fresh Fruit Milk	18 WG Breakfast Bread Slice (Wild berry) Fruit cup Assorted Fresh Fruit Milk	19 WG Mini Blue Berry Pancakes Fruit cup Assorted Fresh Fruit Milk	20 WG Assorted Pop Tarts Fruit cup Assorted Fresh Fruit Milk
23 Assorted Cereal Fruit cup Assorted Fresh Fruit Milk	24 Blueberry Pancake on a Stick Fruit cup Assorted Fresh Fruit Milk	25 WG Choc Pop Tart Fruit cup Assorted Fresh Fruit Milk	26 WG Cinn Streusel Muffin Fruit cup Assorted Fresh Fruit Milk	27 Breakfast Pizza Fruit cup Assorted Fresh Fruit Milk
30 Pillsbury Cinnamon Mini Pull-Apart Rolls Juice Cup Assorted Fresh Fruit Milk	31 Benefit Breakfast Bar Fruit cup Assorted Fresh Fruit Milk			

News

No time for breakfast at home?
You can get a nutritious breakfast at the start of school. The cost is \$1.65 or 30 cents for reduced breakfast. The cost may be deducted from the student's lunch account.

Students are required to take at least one serving of fruit but can choose to take up to 2 different servings of fruit with their breakfast.

**COME AND JOIN THE
BREAKFAST CLUB!**

**USDA is an equal
opportunity provider
and employer.**