

FEBRUARY 2017

George Long Elementary Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday



1
Blueberry Pancakes
Fruit Juice
Assorted Fresh Fruit
Milk

2
Donuts
Fruit cup
Assorted Fresh Fruit
Milk

3
Assorted Cereal
Fruit Juice
Assorted Fresh Fruit
Milk

6
WG Cinn Streussel Muffin
Fruit cup
Assorted Fresh Fruit
Milk

7
WG Assorted Pop Tarts
Fruit cup
Assorted Fresh Fruit
Milk

8
Elfin Bread Loaf
Fruit cup
Assorted Fresh Fruit
Milk

9
WG Breakfast Bread Slice
(Wild berry)
Fruit cup
Assorted Fresh Fruit
Milk

10
Assorted Cereal
Fruit cup
Assorted Fresh Fruit
Milk

13
WG Cinn Streussel Muffin
Fruit cup
Assorted Fresh Fruit
Milk

14
WG Breakfast Bread Slice
(Wild berry)
Fruit cup
Assorted Fresh Fruit
Milk

15
WG Mini Blue Berry Pancakes
Fruit cup
Assorted Fresh Fruit
Milk

16
WG Assorted Pop Tarts
Fruit cup
Assorted Fresh Fruit
Milk

17
Assorted Cereal
Fruit cup
Assorted Fresh Fruit
Milk

20
Blueberry Pancake on a Stick
Fruit cup
Assorted Fresh Fruit
Milk

21
WG Choc Pop Tart
Fruit cup
Assorted Fresh Fruit
Milk

22
WG Cinn Streussel Muffin
Fruit cup
Assorted Fresh Fruit
Milk

23
Breakfast Pizza
Fruit cup
Assorted Fresh Fruit
Milk

24
Pillsbury Cinnamon Mini Pull-Apart Rolls
Juice Cup
Assorted Fresh Fruit
Milk

27
Benefit Breakfast Bar
Fruit cup
Assorted Fresh Fruit
Milk

28
WG Elfin Loaf
Fruit Juice
Assorted Fresh Fruit
Milk



No time for breakfast at home? You can get a nutritious breakfast at the start of school. The cost is \$1.65 or 30 cents for reduced breakfast. The cost may be deducted from the student's lunch account.

Students are required to take at least one serving of fruit but can choose to take up to 2 different servings of fruit with their breakfast.

USDA is an equal opportunity provider and employer.